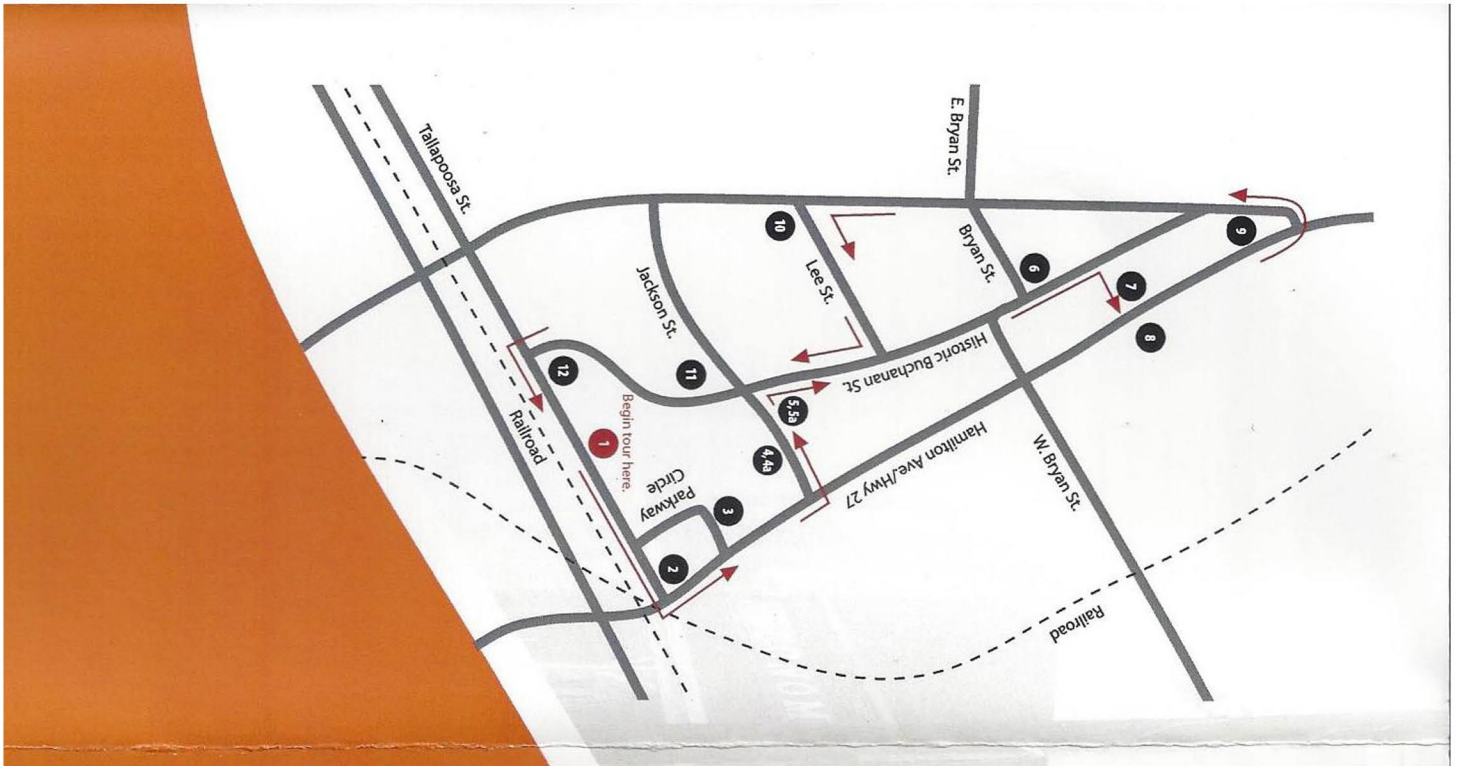


# Bremen Tanner Health Walk



Get Healthy Live Well- brought to you by Tanner Health Systems and the City of Bremen. A one mile walking tour for your health and history begins at City Hall. You will pass the Sewell Mill Textile Museum and continue around to some of the oldest homes still standing in Bremen. Bremen is also part of the West Georgia Textile Trail and several markers are located along the route to tell some of the textile stories.

The City of Bremen has a rich history of textiles and railroads. In early 20th Century Bremen became a shipping hub for raw materials and products that were moving through the Southeast. The railroad running east to west and north to south provided a significant economic advantage.